



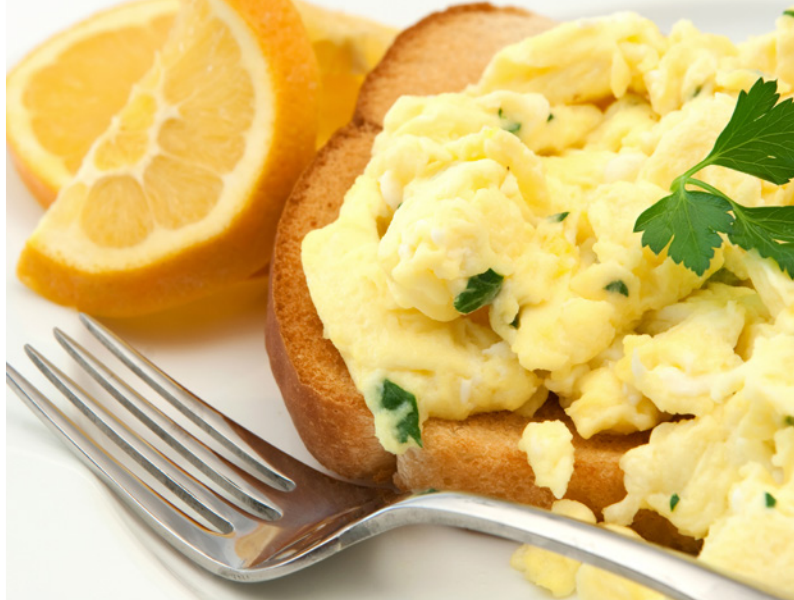
# *The* Melbreak HOTEL

Winscales Road, Great Clifton,  
Workington, Cumbria, CA14 1XS  
T: 01900 61443 | Fax: 01900 66165  
E-mail: [info@melbreakhotel.co.uk](mailto:info@melbreakhotel.co.uk)  
[www.melbreakhotel.co.uk](http://www.melbreakhotel.co.uk)

# *The* Melbreak HOTEL

## Breakfast Menu

*"Good Morning.  
We hope you have slept well?"*



# Breakfast

Served Monday – Friday: 7am – 9am  
Saturday and Sunday: 8am – 10am

Please help yourself to the following from the buffet table:

- A selection of popular breakfast cereals
- Peaches, grapefruit segments or mixed berry compote
- A selection of plain and fruit yoghurts
- Orange or apple juice
- Toast; white or wholemeal bread served with butter, jam, honey or marmalade.
- Mini Danish pastries and croissants

Please help yourself to filter coffee from the percolator; if you require tea, hot water or other hot beverages, please ask your server.

Also available by prior notification: gluten free bread, soya, nut or goat's milk/yoghurt.

*Non-residents or residents booked on a room only basis are welcome to take breakfast.*

*Full breakfasts are £12.95 per person; continental breakfasts will be charged at £8.95 per person.*

Prices are inclusive of VAT @ 20%

*Your server will take your order for:*

## **Porridge**

Made with water or semi-skimmed milk and served with or without honey.

## **Breakfast Buttie**

Bacon or sausage in white or wholemeal bread or bap.

## **English Breakfast**

Back bacon, sausages, hash brown, grilled tomato, mushrooms and baked beans accompanied by your choice of fried, poached or scrambled eggs.

## **Vegetarian Breakfast**

Vegetarian sausages, hash brown, grilled tomato, mushrooms and baked beans accompanied by your choice of fried, poached or scrambled eggs.

## **Three Egg Omelette**

Choose from plain, cheese or mushroom.

## **Scrambled, Poached or Boiled Eggs**

Served on, or with your choice of white or brown toast.

## **Kippers**

One or two fillets with or without a poached egg.

*Allergens provided by request - please inform your server of any food allergies or specific dietary requirements.*